

Maintenance of hPSC culture suitable for Quick-Tissue™ Series

For the maintenance of human pluripotent stem cells (hPSCs)
in StemFit® Basic02 Conditions

This protocol works for both human embryonic stem cells (ESCs)
and induced pluripotent stem cells (iPSCs)

For the following products:

- Ajinomoto StemFit® Basic02 medium (Elixirgen Scientific Cat#EXGS-ASB02)
- Nippi iMatrix-511 silk (Elixirgen Scientific Cat#EXGS-NI511S)

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I. Introduction

The Quick-Tissue™ Differentiation kits give their best differentiation results when the source hPSCs are routinely maintained in StemFit® Basic02 (StemFit®) culture medium.

NOTE: EXPERIMENT SCALE

In this protocol, instructions are described for a 35-mm dish or one well of a 6-well plate. For other well sizes, multiply the protocol's recipe by the ratio between well sizes.

II. Materials Required

- Ajinomoto StemFit® Basic02 medium (Elixirgen Scientific Cat#EXGS-ASB02)
- Nippi iMatrix-511 silk (Elixirgen Scientific Cat#EXGS-NI511S)
- bFGF (i.e. FGF2) growth factor (10 µg/ml, sterile-filtered)
- ROCK inhibitor
- TrypLE Select (Life Tech, Cat#12563-029)
- Phosphate-buffered saline (PBS without Ca⁺⁺ Mg⁺⁺)
- 0.5 mM EDTA in PBS
- STEM-CELLBANKER (Amsbio, Cat#11897)

III. Pre-Protocol Preparation

Complete StemFit® Medium

1. Thaw StemFit® Basic02 medium Liquid A (400 ml) and Liquid B (100 ml) at 4°C overnight.
2. Add Liquid B into Liquid A. Mix them well. We recommend aliquoting this medium into 45 ml aliquots in 50 ml Conical Centrifuge Tubes (e.g., Falcon™, Corning®) and storing the aliquots at -80°C.
3. Thaw a 45-ml aliquot at 4°C overnight.
4. Add 450 µl 10 µg/ml bFGF to 45 ml StemFit® Basic02 (A+B) before use (the final concentration of bFGF is 100 ng/ml). This medium is referred to as Complete StemFit® Medium and is stable for up to 2 weeks at 4°C.

iMatrix-511 silk Coated Plates

1. Take 12 ml ice-cold PBS into a tube and add 28.5 µl iMatrix-511 silk (0.5 mg/ml). Mix them well. This mixture is stable for up to 2 weeks at 4°C.
2. Add 2 ml diluted iMatrix to one well of a 6-well plate or a 35-mm culture dish.
3. Incubate the plate or dish at 37°C, 5% CO₂ for 2 hours (or 4°C overnight.)
4. Aspirate the supernatant from each well or dish and add 2 ml PBS to it.
5. Incubate the plate or dish at 37°C, 5% CO₂ until user's hPSCs are ready for plating or up to 1 hour.

10 mM Rock Inhibitor

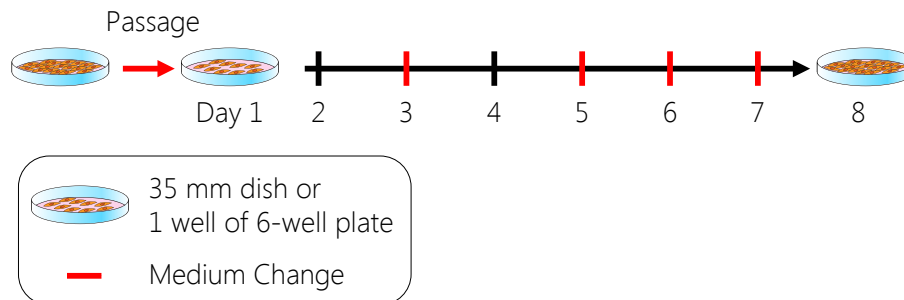
1. Prepare ROCK inhibitor stocks at a concentration of 10 mM in molecular-biology-grade DMSO. The stock is stable for up to 2 weeks at 4°C.
2. We recommend aliquoting 10 mM ROCK Inhibitor into 100 µl aliquots and storing the aliquots at -20°C.

0.5x TrypLE Select

1. Dilute TrypLE-Select (1x) with 0.5 mM EDTA in PBS at a ratio of 1:1. The mixture is referred to as 0.5x TrypLE Select and is stable for up to 2 months at 4°C.

Note: A trypsin inhibitor is not required when using TrypLE Select as dilution will inactivate TrypLE Select mostly. However, we still recommend minimizing carryovers of TrypLE Select in culture.

IV. Protocol



NOTE: CELL CONFLUENCY

- hPSC culture is best for passaging when the cell confluency reaches 80-90%. However, when the growing colonies start to touch each other, consider harvesting them even if the cell confluency is below 80%. Otherwise, cells begin to differentiate.

Day 1-2 - Passaging

1. Warm Complete StemFit® Medium and 0.5x TrypLE Select for 20-30 minutes to room temperature.
2. Take 4 ml Complete StemFit® Medium into a tube and add 4 µl 10 mM ROCK Inhibitor to it. Mix them well.
3. Aspirate old medium from the culture and add 1.5 ml Complete StemFit® Medium with 10 µM ROCK inhibitor to it.
4. Incubate the culture at 37°C, 5% CO₂ for 1 hour. This treatment enhances the survival of hPSCs.
5. Aspirate the old medium from the culture and add 2 ml PBS to it.
6. Aspirate PBS from the culture and add 300 µl 0.5x TrypLE Select to it.
7. Incubate the culture at 37°C, 5% CO₂ for up to 10 minutes.
8. Carefully aspirate 0.5x TrypLE Select from the culture using a P1000 pipettor and add 1 ml PBS to it.
9. Gently rock the plate or dish 3 times.
10. Carefully pipet out PBS using a P1000 pipettor and add 1 ml Complete StemFit® Medium with 10 µM ROCK inhibitor.
11. Disperse the medium over the well bottom surface by pipetting 8-15 times to detach cells.
12. Collect the cell suspension in a tube.
13. Count cells to determine the volume of cell suspension needed to plate 1×10^4 cells.
14. Take out the determined volume of the cell suspension from the previous step in a tube and bring up the volume to 1.5 ml with Complete StemFit® Medium with 10 µM ROCK inhibitor.
15. Aspirate PBS from a new iMatrix-511 silk-coated well and add 1.5 ml cell suspension to it.
16. Rest of the cells can be used for assays or frozen down using STEM-CELLBANKER (2×10^5 cells per vial).
17. Incubate the culture at 37°C, 5% CO₂ for 1 hour.
18. Observe the culture under a microscope and make sure that cells are evenly distributed in the well or dish.
19. Incubate the culture at 37°C, 5% CO₂ for 2 days.

NOTE: CONFLUENCY AND FEEDING FREQUENCY

- Our data indicate that a culture prepared using 1.0×10^4 cells reaches 80-90% confluency and produces about $2-3 \times 10^6$ cells in 7-8 days.
- When 1.0×10^4 cells are plated on each well or dish, feed cultures every 2 days for the first 4 days.
- When more than 1.0×10^4 cells are plated on each well or dish, feed cultures with 2-4 ml medium every day. The culture reaches 80-90% confluency in 3-4 days.

Day 3-4 - Feeding

1. Warm Complete StemFit® Medium for 20-30 minutes to room temperature.
2. Aspirate the old medium from each well or dish and add 1.5 ml Complete StemFit® Medium to it.
3. Incubate the culture at 37°C, 5% CO₂ for 2 days.

Day 5-7 - Feeding

1. Warm Complete StemFit® Medium for 20-30 minutes to room temperature.
2. Aspirate the old medium from each well or dish and add 1.5 ml Complete StemFit® Medium to it.
3. Incubate the culture at 37°C, 5% CO₂ overnight.
4. Repeat steps 1-3 until Day 8.

Day 8 - Ready for Quick-Tissue™ Differentiation Kits or Continuous Culture

The culture should reach 80-90% confluency and is ready for any Quick-Tissue™ kit or starting new cultures. For starting new cultures, follow the instruction on Day 1.

V. References

1. Nakagawa M, Taniguchi Y, Senda S, Takizawa N, & Ichisaka T (2014). A novel efficient feeder-free system for the derivation of human induced pluripotent stem cells. *Scientific Reports*, 8: 1–7.
2. Akiyama T, Wakabayashi S, Soma A, Sato S, Nakatake Y, Oda M, Murakami M, Sakota M, Chikazawa-Nohtomi N, Ko SB, Ko MS (2016). Transient ectopic expression of the histone demethylase JMJD3 accelerates the differentiation of human pluripotent stem cells. *Development*, 143: 3674-3685.
3. Goparaju SK, Kohda K, Ibata K, Soma A, Nakatake Y, Akiyama T, Wakabayashi S, Matsushita M, Sakota M, Kimura H, Yuzaki M, Ko SB & Ko MS (2017). Rapid differentiation of human pluripotent stem cells into functional neurons by mRNAs encoding transcription factors. *Scientific Reports* 7, 42367.
4. Morizane R, Bonventre JV (2017). Generation of nephron progenitor cells and kidney organoids from human pluripotent stem cells. *Nat Protoc.*, 12: 195-207.

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Category	Product	Request Quote (Catalog number)		
		SeV Complete Kit	mRNA Complete Kit	Maintenance Medium
Quick-Tissue™ Series Differentiation Kit (mainly for 4 wells of 24-well plate)	Quick-Endothelium™ Vascular with Optional Drug Selection		\$399 (EXGS-QEV)	\$229 (EXGS-QEVM)
	Quick-Trilineage™ Differentiation Kit*	\$549 (EXGS-Q3D)		
	Quick-Neuron™ Mixed	\$349 (EXGS-QNMSV)		\$129 (EXGS-QNMM)
	Quick-Neuron™ Cholinergic	\$349 (EXGS-QNCSV)	\$299 (EXGS-QNC)	\$129 (EXGS-QNCM)
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	Quick-miniBrain™	\$999 (EXGS-QMBSVMR)		

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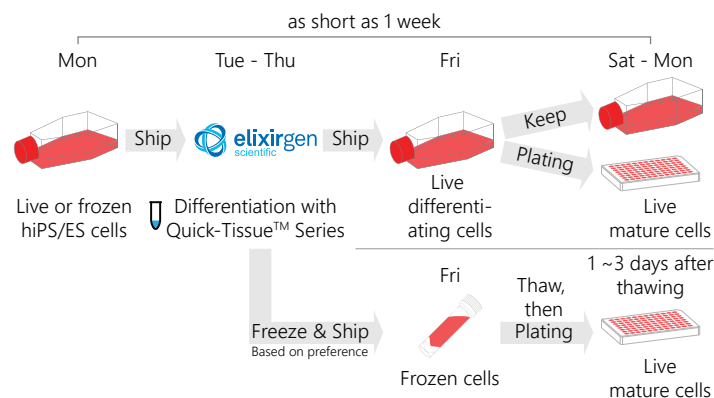
* This kit provides 2 wells per each tissue (total 6 wells of 24-well plate)

** This kit is for 48 wells of a 96-well microplate format

Category	Product	Size	Request Quote (Catalog number)
Quick-Tissue™ Series Differentiation Support	Quick-Tissue™ Mesendoderm Booster	8 wells of 24-well plate	\$99 (EXGS-QTMB)
	Quick-Tissue™ Adaptation Kit	a 35-mm dish or 1 well of 6-well plate	\$169 (EXGS-QTA1)
	New product coming soon!		
Reagents for Maintaining Undifferentiated Stem Cells	Ajinomoto StemFit® Basic02	500 mL	Ask (EXGS-ASB02)
	Nippi iMatrix-511 silk	175 µg x 6 tubes	Ask (EXGS-NI511S)
	Nippi iMatrix-511	175 µg x 6 tubes	\$690 (EXGS-NI511)

15% off for 3 or more kit purchases per order

Quick-Tissue™ Stem Cell Differentiation Services



Elixirgen Scientific provides pluripotent stem cell differentiation services with the world's fastest turnaround time. Customers can simply ship live iPS/ES cells in a T-25 flask and will receive live or frozen cells in a week (express service) or two weeks (regular service). Contact services@elixirgenscientific.com for more details to customize for your project. Currently Elixirgen Scientific offers all tissue types from kits for cell differentiation services. More tissue types are coming soon!